



LONG ISLAND FUND  
FOR WOMEN & GIRLS

STONY  
BROOK  
STATE UNIVERSITY OF NEW YORK

## 7<sup>th</sup> ANNUAL CONFERENCE

### **Blueprint for Gender Equity in Education:**

*MEAN GIRLS – FACT, FICTION AND  
CHOOSING YOUR OWN BEHAVIOR*

WEDNESDAY, MARCH 22, 2006  
8:00 am – 2:45 pm

Stony Brook University Campus  
Student Activities Center

Presented by  
*Long Island Fund for Women & Girls*  
*Gender Equity in Education Collaboration*  
with  
*Stony Brook University*

**7th ANNUAL CONFERENCE**  
**Blueprint for Gender Equity in Education:**  
***Mean Girls— Fact, Fiction, and Choosing Your Own Behavior***

Wednesday, March 22, 2006

**2006 CONFERENCE SCHEDULE**

- 8:00 – 8:30           **Check-In for Pre-Registrants, Onsite Registration, Continental Breakfast**
- 8:00 – 2:45           **Resource Table Area Open**
- 8:45 – 9:00           **Welcome to Stony Brook University**  
                            Dr. Robert L. McGrath, Provost, Stony Brook University
- Welcome to the Blueprint for Gender Equity in Education Conference**  
                            Dr. Janice A. Grackin, Conference Chair, Stony Brook University  
  Department of Psychology  
                            Ms. Diane Cohen, Executive Director, Long Island Fund for Women and Girls
- 9:00 – 10:00           **Interactive Panel Discussion with College Student Leaders**  
                            ***Choosing Your Own Behavior: A Student Guide to Constructive Communication***  
                            Moderator: Ms. Vivian Vilorio-Fisher, Suffolk County Legislator (5<sup>th</sup> District)  
                            Panelists: Students from, Stony Brook University; Adelphi University; and  
  Nassau Community College
- 10:15 – 11:15           **Adult Sessions AM-1**
- 11:30 – 12:30           **Adult Sessions AM-2**
- 10:15 – 11:15 &  
11:30 – 12:30           **Student Sessions (all students attend 2 alternating 1-hour sessions)**  
                            ***What's Up? Girl; Talk***  
                            Ms. Alane Fagin, Child Abuse Prevention Services (CAPS)  
                            ***It's Not a Girl Thing***  
                            Ms. Leigh Lynch, Girl Scouts of Nassau County (GSNC)
- 12:40 – 1:40           **Lunch and Town Meeting Speak Out for Students and Adults**  
                            ***Choosing Your Own Behavior: How Can Adults Help?***  
                            Moderator: Ms. Christina Vargas Law,  
  Stony Brook University Office of Diversity & Affirmative Action  
                            Additional Moderators: Stony Brook University Diversity Fellows
- 1:45 – 2:45           **Special Wrap-Up Discussion for Parents & Educators PM**  
                            ***Drafting a Blueprint for Facilitating Girls' Constructive Communication***  
                            Facilitator: Dr. Janice A. Grackin  
  Stony Brook University Department of Psychology

**DIRECTIONS**

Take Long Island Expressway to exit 62 north (Nicolls Road, also called CR97). Proceed north, crossing over Route 25 (Middle Country Road) and Route 347 (Nesconset Highway). Enter Stony Brook University campus by turning left into the South Entrance (first entrance off Nicolls).\* You will be on South Drive. Go straight and park in the South P-lot which will be on your left. Wait at the bus stop at the south end of the parking lot for the bus to the Student Activities Center. The bus will drop you off in front of the Student Activities Center. It's the big building with lots of glass. Follow signs to Ballroom A for check-in, registration and morning activities. For those traveling from out of town, additional directions, campus map and lodging information can be found online at <http://www.stonybrook.edu/sb/visiting.shtml> .

*\*If you mistakenly enter campus at either the Main or North Entrances, please do not attempt to find an alternate route to the South P-lot. Exit back out to Nicolls Road, go to South Entrance, and follow directions above. The campus is arranged in concentric circles that can be very frustrating to the uninitiated. Parking is also available for a fee in the parking garage located inside the Main Entrance. (Sorry, we cannot validate parking for conference attendees.)*

## SESSION DESCRIPTIONS

### **STUDENT MODULE (10:15-12:30) (Alternating sessions--All students attend both sessions.)**

#### **Session A It's Not a Girl Thing**

*Presented by Ms. Leigh Lynch, Girl Scouts of Nassau County (GSNC) - Friendships are one of the most important relationships in a person's life, so why are they so hard? Why are young people willing to do anything to be popular, including engaging in behaviors they are uncomfortable with? In this workshop we will look at the pressures young people face in choosing their behavior, how they can make a difference, and the ultimate power of one.*

#### **Session B What's up? Girl Talk**

*Facilitated by Ms. Alane Fagin, Child Abuse Prevention Services (CAPS) - Through guided discussion, role play, and skill building in problem solving and direct communication, participants will examine and develop strategies to help decrease the incidence of relational aggression.*

### **ADULT SESSIONS AM-1 (10:15-11:15)**

#### **A Cyberbullying: Beaten by Words**

*Presented by Cindy Pierce Lee, SCOPE Education Services - Cyberbullying is described by Newsday reporter Theresa Vargas as "a new age form of aggression that can instantly erupt with a few keystrokes." 90% of middle school students polled by [www.wiredsafety.org](http://www.wiredsafety.org) admitted to having their feelings hurt on line and 65% of kids ages 8 – 14 have been involved directly or indirectly in a cyberbullying incident. Join us to discuss who cyberbullies, why, and what students, communities, and schools can do.*

#### **B Cliques, Gossip, Teasing: Helping our Daughters Navigate the Adolescent Girl World**

*Presented by Debra Brandwein Chaykin, Child Abuse Prevention Services - This workshop will examine the role of teasing, gossiping, and other forms of relational aggression impacts girls' sense of self and what mothers can (and cannot) do about it. It will offer an understanding of the "adolescent girl world" and practical tools to improve mother daughter communication during this exciting yet turbulent time. Participants will learn ways to help their daughters through rehearsal and role-play, critical discussion, and structured activities.*

#### **C Mean Girls: Reflection on Mirrors**

*Presented by Ms. Wendy Turgeon, St Joseph's College This workshop will focus on both the philosophical ideas that emerge when we consider the phenomenon of "mean girls" as well as the practical concerns of teachers and parents.*

### **ADULT SESSIONS AM – 2 (11:30-12:30)**

#### **A What's in Your Box of Beliefs?**

*Facilitated by Ms. Leigh Lynch, Girl Scouts of Nassau County - If beliefs determine behavior, what are you carrying around in your box of beliefs that will predict your behavior? We will examine the roles of relational aggression in friendships, how and where it happens, the importance of friends, and the emotional costs to education when those relationships go awry. What happens when an adult does not intervene, the message it sends, and how we can break the cycle of social aggression.*

#### **B NoBody's Perfect**

*Presented by Shawn Herst, F.E.G.S. Health & Human Service System - This workshop describe FEGS' multi level program designed to promote the overall mental and physical health and well being of girls. The program helps girls gain an understanding of the impact of the media on their body image and their self esteem, emphasizes the power of positive thinking and action, spirituality and leadership, and the importance of healthy nutrition, balanced eating and exercise.*

#### **C Finding your Personal Power by Choosing Your Responses**

*Presented by Laura DeLuca Wani, MSW - A discussion about the importance of creating perceptions and beliefs that support and foster personal power. The shift is away from the victim model with the understanding that bad things do happen, but individuals have the power to overcome them and move on with life.*

#### **D The Mother Daughter Relationship – Learning How to Deal With Social Aggression in Girls**

*Presented by Jennifer Biblowitz, and additional Port Washington S.D. Elementary School Counselors -Sharing a program designed for mothers and daughters in 4<sup>th</sup> and 5<sup>th</sup> grades to help address the issue of social aggression – helping girls navigate the social land mines that exist during these important social years.*

**Special Wrap-Up Discussion for Parents & Educators PM (1:45-2:45) Drafting a Blueprint for Facilitating Girls' Constructive Communication - Facilitated by Dr. Janice A. Grackin, Stony Brook University Department of Psychology**

7<sup>th</sup> Annual Conference  
Blueprint for Gender Equity in Education:  
Mean Girls - Fact, Fiction &  
Choosing Your Own Behavior  
Wednesday, March 22, 2006

Long Island Fund for Women & Girls  
1055 Stewart Avenue  
Bethpage, NY 11714



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**THE LONG ISLAND FUND FOR WOMEN & GIRLS WISHES TO THANK THE FOLLOWING FOR THEIR  
SUPPORT AND INVOLVEMENT IN THIS COMMUNITY PARTNERSHIP,  
THE GENDER EQUITY IN K-12 EDUCATION PROJECT:**

**NYS Senator Honorable Kemp Hannon**



**Stony Brook University Department of Psychology, College of Engineering and Applied Sciences,  
College of Arts and Sciences, and the Office of Diversity and Affirmative Action**

**PROJECT COLLABORATORS, SUPPORTERS & PRESENTERS:**

j ABILITIES/HENRY VISCARDI j AMERICAN ASSOCIATION OF UNIVERSITY WOMEN j BRENTWOOD S.D j CENTRAL ISLIP  
S.D j CHILD ABUSE PREVENTION SERVICES j CHILD CARE COUNCIL OF NASSAU j CITIZENS CAMPAIGN FOR THE  
ENVIRONMENT j COMMACK S.D. j COMPUTER ASSOCIATES j EDUCATIONAL EQUITY CONCEPTS j FARMINGDALE S.D j  
GIRL SCOUTS OF NASSAU j GIRL SCOUTS OF THE USA j HALF HOLLOW HILLS S.D j HEMPSTEAD S.D j HI-HELLO CHILD  
CARE j HOFSTRA UNIVERSITY j L.I SCIENCENTER j L.I COMMUNITY FOUNDATION j L.I WORKS COALITION j LONGWOOD  
H.S.j MARYMOUNT INSTITUTE FOR THE EDUCATION OF WOMEN & GIRLS j MINEOLA UFSD j MOLLOY COLLEGE j NASSAU  
BOCES j NASSAU COMMUNITY COLLEGE j NAT'L ASSOC. OF MOTHER'S CENTERS j Hon. CARL MARCELLINO j NORTH  
SHORE H. S j PLANNED PARENTHOOD OF HUDSON PECONIC j PLANNED PARENTHOOD OF NASSAU COUNTY j PRONTO  
OF L.I.j RIVERHEAD S.D j ROSLYN S.D j SACHEM S.D j SCHOTT FOUNDATION/CAMBRIDGE, MA j SCOPE j SISTERS  
DIVINELY CONNECTED MINISTRIES j SEWANANHAKA/FLORALPARK S.D j SNAP j SOCIETY OF WOMEN ENGINEERS (SWE)  
j STONY BROOK UNIVERSITY j SYMBOL TECHNOLOGIES j THE WHITE HOUSE PROJECT j THREE VILLAGE S.D. j VALLEY  
STREAM #24 S.D j UNITED WAY OF L.I.j VICTIM'S INFORMATION BUREAU OF SUFFOLK j WARD MELVILLE H. S j WELLESLEY  
CENTERS FOR WOMEN j WESTBURY UFSD j W.SUFFOLK BOCES j WOMEN IN SCIENCE AND ENGINEERING (WISE) PROGRAM  
j WOMEN'S SPORTS FOUNDATION j WOMEN ON THE JOB



**7th ANNUAL CONFERENCE**  
**Blueprint for Gender Equity in Education:**  
*an Girls— Fact, Fiction, and Choosing Your Own Behavior*

WEDNESDAY, MARCH 22, 2006  
 9 am – 2:45 pm at Stony Brook University Campus (Student Activities Center)



Presented by the Long Island Fund for Women & Girls  
 A Gender Equity Collaborative Project with Stony Brook University

**Conference Pre-Registration (Deadline: Friday, March 10, 2006)**

	Fees*	#Attending	\$ Total
Adult(s) Registration	\$45.00	_____	_____
Student(s) (under 21)	\$ 5.00	_____	_____
<b>Total Pre-Registration</b>			\$       **
		=====	=====

Registration includes conference, continental breakfast and box lunch.

Please enclose checks\* payable to "Long Island Fund for Women & Girls."

\*Schools may submit approved purchase order information in lieu of check—call for instructions.

\*\*NOTE : All schools /groups must pre-register. Space is limited. Registrations received will be honored on a first-come basis. Once accepted, school group registration numbers cannot be changed.

Onsite/Day of Registration is available only to individuals, subject to availability.

(Onsite Fees : Adult \$55) *Please call ahead 516.622.3863 to confirm availability!*

**Registration Contact Information (Please Print)**

Registering as (CHECK ONE) Individual Attendee \_\_\_\_\_ School or other group \_\_\_\_\_

Name of Individual Attendee or Name of School/Group Leader \_\_\_\_\_

Title Ms. \_\_\_\_\_ Mr. \_\_\_\_\_ Dr. \_\_\_\_\_

Are you a \_\_\_\_\_ Teacher \_\_\_\_\_ Guidance Counselor \_\_\_\_\_ School Administrator \_\_\_\_\_ Social Worker \_\_\_\_\_ Other: \_\_\_\_\_

Phone\* (\_\_\_\_) \_\_\_\_\_

Email\* \_\_\_\_\_

\*Schools/Groups MUST provide direct contact information for group leader —  
 school general office telephone or switchboard not sufficient.

School/Group Name \_\_\_\_\_

Individual Attendee address or School/Group Address \_\_\_\_\_

Do you request any disability accommodation? YES / NO *Please describe:* \_\_\_\_\_

**Conference Sessions Selection for Adult/Individual Attendees (Please number your preference for each session, '1' being your first choice. See enclosed for session descriptions.)**

**Adult Session AM-1 (10:15 - 11:15)**

A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_

**Adult Session AM-2 (11:30 - 12:30)**

A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_ D \_\_\_\_\_

**Adult Wrap-Up Discussion Session PM (1:45 – 2:45)**

I will attend \_\_\_\_\_ I will not attend \_\_\_\_\_

**Please Note: Student Sessions (10:15 – 12:30)** All student groups attend both sessions. Please read guidelines and complete student registration on back of this form. **Lunch and Keynote (12:40-1:40)** Students and adults attend.

**SEND COMPLETED FORM(S) AND CHECK MADE PAYABLE TO "LONG ISLAND FUND FOR WOMEN & GIRLS" TO:**

Gender Equity Conference, Long Island Fund for Women & Girls, 1055 Stewart Avenue, Bethpage, NY 11714.

For more information or additional registration forms: [www.lifwg.org](http://www.lifwg.org) . Questions? Call Sylvia Claase at 516.622.3863

## GUIDELINES & REGISTRATION FOR SCHOOLS AND GROUPS

Dear School/Group Administration and Staff,

The Long Island Fund for Women and Girls & Stony Brook University invite you and your students to participate in the seventh annual "Blueprint for Gender Equity" conference. We hope that you and your students will be able to take away with you "blueprints" that will help you to establish and maintain gender equity in your schools and communities. In order to maximize the benefits of the conference for student participants and for your school, we ask that you adhere to the following guidelines regarding student participation:

- **Student participants must be currently attending grades 8-12.**
- **Student participants must be effective Student Leaders as defined by their school.**
- **Due to limited space each school may send a group of no more than eight (8)\* student leaders.**
- **Each group of 8 students must be accompanied and supervised by at least one adult leader/chaperone. Chaperones should plan to attend Adult sessions once students have been led to their session.**

It is our goal that all participants and presenters enjoy and learn from the conference. To ensure that your students receive the most benefit from their participation, prior to attending the conference please discuss with them appropriate behavior for this event. Accompanying adults are expected to closely supervise student behavior. We present the following guidelines to assist you:

- ***Participants should register and seat themselves in a quiet and orderly way. This is especially important if your group arrives after the start of the program. Conference staff will assist you.***
- ***Participants should show courtesy and respect to other attendees and to speakers and presenters by listening and participating appropriately and by refraining from private conversations during presentations.***
- ***Leaving from and returning to presentations, talks and workshops for restroom breaks, etc. should be kept to a minimum, and should be done quietly. It is important to maintain proper behavior in the hallways and lobbies as well, so as not to disturb others using the facility.***
- ***For safety reasons, students must remain with their accompanying adults or in their designated sessions at all times, and should not wander unattended. The conference facility is a public area, open to University students and staff and to members of the outside community. High school students attending the conference are not permitted to enter the Seawolves Marketplace store.***

Each adult accompanying your group should complete a separate individual registration (page 1). In addition, the group leader must complete the school/group registration below. Return all forms with required fees to:  
Gender Equity Conference, Long Island Fund for Women & Girls, 1055 Stewart Avenue, Bethpage, NY 11714.  
(Questions? Contact Sylvia Claase at 516.622.3863 or [sclaase@lifwg.org](mailto:sclaase@lifwg.org))  
Additional registration forms are available online at [www.lifwg.org](http://www.lifwg.org). We look forward to seeing you!

**School/Group and District Name:** \_\_\_\_\_

**\*Name(s) of Adult(s) attending:** \_\_\_\_\_  
(All adult attendees please complete individual registration form on reverse side.)

**Leader Phone #** \_\_\_\_\_ **Leader Email:** \_\_\_\_\_

Club or Organization Name (if applicable): \_\_\_\_\_

Grade Level of Students: \_\_\_\_\_

**\*Names of Students (Please Print Clearly):**

- |          |          |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

\*Names of all student leaders and adult chaperones must be provided by the pre-registration deadline to ensure conference packets and printed nametags for all attendees at conference check-in. Name changes will be accepted until 5 business days before the conference by emailing [sclaase@lifwg.org](mailto:sclaase@lifwg.org) or fax 516.622.3864.